

PALS Course Agenda

12 Students
6:1 Student-Instructor Ratio for Each Station
2 PALS Instructors
(1 additional instructor needed for lesson 4)

Day 1

8:15-8:25 **Start** – Welcome/Introductions
8:25-8:40 **Lesson 1** – PALS Course Organization
8:40-9:05 **Lesson 2** – Overview of PALS Science

<i>Divide Class Into 2 Groups</i>	<u>Lesson 3</u> CPR/AED Practice and Competency Testing	<u>Lesson 4</u> Mgt. of Respiratory Emergencies Skills Station
9:05-10:05	Group 1	Group 2
10:05-10:15	<u>Break</u>	<u>Break</u>
10:15-11:15	Group 2	Group 1

<i>2 Groups</i>	<u>Lesson 5</u> Rhythm Disturbances/Electrical Therapy Skills Station	<u>Lesson 6</u> Vascular Access Skills Station
11:15-11:45	Group 2	Group 1
11:45-12:15	Group 1	Group 2

12:15-1:00 **Lunch**
1:00-1:30 **Lesson 7** – Resuscitation Team Concept (One Large Group)

<i>Divide Class Into 2 Groups</i>	<u>Lesson 8</u> Core Case Simulations Cardiac Cases 1 & 2	<u>Lesson 8</u> Core Case Simulations Cardiac Cases 1 & 2
1:30-2:00	Group 1	Group 2

One Large Group:

2:00-2:10 **Lesson 9** – Overview of Pediatric Assessment
2:10-2:20 **Lesson 10** – Overview of Core Case Discussions and Simulations

2:20-2:30 Break

One Large Group:

2:30-2:50 **Lesson 11** – Core Case Discussion: Cardiac Cases 3 & 4

<i>Divide Class Into 2 Groups</i>	<u>Lesson 12</u> Core Case Simulations Cardiac Cases 3 & 4	<u>Lesson 12</u> Core Case Simulations Cardiac Cases 3 & 4
2:50-3:20	Group 1	Group 2

One Large Group:3:20-3:40 **Lesson 13** – Core Case Discussion: Respiratory Cases 1 & 2

<i>Divide Class Into 2 Groups</i>	<u>Lesson 14</u> Core Case Simulations Respiratory Cases 1 & 2	<u>Lesson 14</u> Core Case Simulations Respiratory Cases 1 & 2
3:40-4:10	Group 1	Group 2

One Large Group:4:10-4:30 **Lesson 15** – Core Case Discussion: Respiratory Cases 3 & 4

<i>Divide Class Into 2 Groups</i>	<u>Lesson 16</u> Core Case Simulations Respiratory Cases 3 & 4	<u>Lesson 16</u> Core Case Simulations Respiratory Cases 3 & 4
4:30-5:00	Group 1	Group 2

5:00 Summary/Day 1 Ends

DAY 2**One Large Group:**

7:45-8:00 Welcome and coffee

8:00-8:20 **Lesson 17** – Core Case Discussion: Shock Cases 1 & 2

<i>Divide Class Into 2 Groups</i>	<u>Lesson 18</u> Core Case Simulations Shock Cases 1 & 2	<u>Lesson 18</u> Core Case Simulations Shock Cases 1 & 2
8:20-8:50	Group 1	Group 2

One Large Group:8:50-9:10 **Lesson 19** – Core Case Discussion: Shock Cases 3 & 4

<i>Divide Class Into 2 Groups</i>	<u>Lesson 20</u> Core Case Simulations Shock Cases 3 & 4	<u>Lesson 20</u> Core Case Simulations Shock Cases 3 & 4
9:10-9:40	Group 1	Group 2

One Large Group:

9:40-9:55 Break

<i>Divide Class Into 2 Groups</i>	<u>Lesson 21</u> Putting It All Together	<u>Lesson 21</u> Putting It All Together
9:55-10:55	Group 1	Group 2

10:55-11:00 **Lesson 22** – Course Summary and Testing Details**One Large Group:**11:00-12:00 **Lesson 23** – PALS Written Test

12:00-12:30 Lunch

<i>Divide Class Into 2 Groups</i>	<u>Lesson 24</u> Core Case Test Cardiac Cases 1-4	<u>Lesson 25</u> Core Case Test Respiratory Cases 1-4 Shock Cases 1-4
12:30-1:30	Group 1	Group 2
1:30-2:30	Group 2	Group 1

2:30 Course Ends

2:30 PALS Remediation